

# New Adventures in Learning Summer 2024 Classes June 3rd to July 25th

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Presenter information starts on pg. 12

'New Adventures in Learning' and 'New Frontiers in Life-long Leaning' are collaborating to share some online classes. The collaborated classes are indicated using a '-NA' or '-NF' extension to the class ID.

- -NF class presented by New Frontiers in Life-long Learning
- -NA class presented by New Adventures in Learning

# X0350Z-NF - Book Report:Lessons in Chemistry (ZOOM)

Presenter NFLL

Elizabeth Zott dreamed of being a scientist and became one, only to realize that in the 1950s, society thought women belonged in the kitchen. Join us for a review of this intriguing book and conversation about the themes. You do not need to have read the book or seen the mini-series.

1 Session Start Date: 6/11/2024 Meets: Tue 10.00 AM to 11.00 AM

# X0355Z-NF - Banned Books, Burned Books: Part 2 (ZOOM)

Presenter NFLL

With recent events and movements to ban books in libraries and schools, this course will give us something to think and talk about. This course will cover the second half (lessons 13-24) from this "Great Course", presented by Maureen Corrigan, PHD, Georgetown University. In addition we will review some of the more recent books to be banned. If you missed the first part, don't worry, each session is a stand-alone lecture on an interesting topic.

7 sessions Start Date: 6/6/2024 Meets: Thu 9.30 AM to 11.00 AM on 6/6, 6/13, 6/20, 6/27, 7/11, 7/18, 7/25

# X0360Z-NF - Book Report: Fiona Davis: The Dollhouse and The Magnolia Palace (ZOOM)

Presenter NFLL

Fiona Davis, a New York Times bestselling author, has written seven historical fiction novels set in iconic New York City buildings. Join Diane Grogan as she discusses two of these novels.

1 Session Start Date: 6/25/2024 Meets: Tue 1.00 PM to 2.30 PM

### **X0415C - Abbott and Costello Re-visited**

William Haskell

This class will review the lives of William Alexander "Bud" Abbott and Louis Francis Cristillo, better known as Lou Costello. As a comedy team they were stellar in comic routines and movies during the 1940's and early 50's. We will enjoy several of the most familiar routines as well as some that weren't quite that familiar. We also will learn a little about their personal lives. WHO CAN FORGET ONE OF THEIR MOST FAMOUS ROUTINES - "WHO'S ON FIRST.

"1 Session Start Date: 7/2/2024 Meets: Tue 1.00 PM to 3.00 PM

# X0503Z-NA - 747SP and NASA SOFIA Project (ZOOM)

James Evans

We will tell the story of the newest exhibit at the Pima Air and Space Museum, a retired 747SP which functioned as the STRATOSPHERIC OBSERVATORY FOR INFRARED ASTRONOMY (SOFIA).

1 Session Start Date: 6/12/2024 Meets: Wed 1.00 PM to 2.30 PM

# X0509Z-NA - Animal Behavior, and Animal Play (ZOOM)

Don Nilsen

Animals have their own behaviors, and their special ways of playing. Compare and contrast the behaviors and play of canines, felines, equines, primates, etc. More specifically compare and contrast the behaviors and play of ants, apes, bees, birds, cats, chickens, chimps, cows, dogs, dolphins, donkeys, ducks, elephants, fish, horses, lizards, mice, sea otters, and turtles.

1 Session Start Date: 6/3/2024 Meets: Mon 9.00 AM to 10.00 AM

# X0551Z-NF - Wonders of the National Parks: A Geology of North America (ZOOM)

Presenter NFLL

In this comprehensive Great Course, you'll visit and learn about every designated national park in the United States. You'll also explore national monuments, national seashores and lakeshores, national rivers, national marine sanctuaries, national historical trails, state parks, Canadian and Mexican parks, and even the remote, icebound island of Greenland—a breakaway slice of the North American continent. This course will begin this term and contine in the Fall and Spring terms. Join for all or just some.

7 sessions Start Date: 6/6/2024 Meets: Thu 1.30 PM to 3.30 PM on 6/6, 6/13, 6/20, 6/27, 7/11, 7/18, 7/25

### X0611C - Don't Panic! How To Be Safe and Secure Online

Frank Bertola

This class will cover information, tips, best practices, and case studies about staying safe and secure online. Specifically, we'll discuss how to protect yourself, your information, and your data, as well as how to look for red flags with malware, ransomware, phishing, and scams. The emphasis is using common sense. The slides come from the Center for Cyber Safety and Education, the charitable foundation of ISC2, the world's leading non-profit member organization for cybersecurity professionals.

1 Session Start Date: 7/17/2024 Meets: Wed 10.15 AM to 11.45 AM

# **X0617C - Zoom - Attending Online Classes (A Review)**

Robert Truman

This class will go over the basics of using Zoom to attend classes online. Topics will include: Getting Started, Attending a Class, and Meeting Etiquette. If you have never used Zoom this will get you up and running, or if you are an old pro, this will be a good review. If you have a device (laptop or smartphone), bring it with you to class if you need some hands-on help.

1 Session Start Date: 6/3/2024 Meets: Mon 10.15 AM to 11.45 AM

# X0618Z-NA - Smartphones - Don't Recycle It, Reuse It (ZOOM)

Robert Truman

Don't let that old phone gather dust in the junk drawer or kill the environment in a landfill. In just a few simple steps, you can repurpose it as a security camera, an alarm clock, a media player, and more. This class will address different ways to use a retired smartphone that doesn't require a Sim Card.

1 Session Start Date: 7/22/2024 Meets: Mon 10.15 AM to 11.45 AM

# X0653Z-NF - Talking Tech: Zoom (ZOOM)

Presenter NFLL

Think our online courses look good but you aren't confident in your Zoom abilities? Come join this class and learn the basics and some of the tricks of Zoom. Beginners, novices, intermediates are welcomed! If you feel you are an expert, come and help join in helping others!

1 Session Start Date: 6/3/2024 Meets: Mon 11.00 AM to 12.00 PM

### **X0907C - Animal Cruelty Investigations**

Heather Krimm

Learn about animal cruelty investigations and prosecution.

1 Session Start Date: 7/10/2024 Meets: Wed 10.15 AM to 11.45 AM

### X1040C - Coloring for Relaxation

Lily Whitson

Everything you ever wanted to know about coloring! Learn about different coloring media, techniques, and tips. It will be just a time to relax, chat, and color. There will be supplies there, but if you want to bring your own, that is OK.

6 Sessions Start Date: 6/6/2024 Meets: Thu 10.15 AM to 11.45 AM on 6/6, 6/13, 6/27, 7/11, 7/18, 7/25

### X1049C - How To Play Hand and Foot

Susan Lockwood Knaus

Learn how to play the card game Hand & Foot. There are many modifications of this game across the country but once you get the basics you should be able to play it anywhere with a little direction. Maybe you'll even meet some people to start playing it with! You will be given a copy of the rules of the game so you can easily play it at home or maybe join one of the Hand & Foot groups in Sun Lakes.

2 Sessions Start Date: 6/11/2024 Meets: Tue 1.00 PM to 2.30 PM on 6/11, 6/18

# X1154Z-NF - Ireland and Northern Ireland: Part 2 (ZOOM)

Presenter NFLL

The Great Tours: Ireland and Northern Ireland give you the chance to traverse this amazing land with a leading scholar in the field of Irish history, culture, and literature. Taught by Professor Marc Conner, president of Skidmore College and a scholar of modern Irish literature, these captivating lessons give you a sweeping tour of the Emerald Isle, from the Guinness Brewery in Dublin to the ancient ruins of Newgrange to the battle-scarred village of Derry in Northern Ireland. This session will cover the second 12, half-hour lessons of this course of over six weeks. A "Great Course" presentation for all of our arm-chair travelers. If you missed the first part, no worries, each lecture visits a different place and stands alone.

6 Sessions Start Date: 6/4/2024 Meets: Tue 9.30 AM to 11.00 AM on 6/4, 6/11, 6/18, 6/25, 7/2, 7/9

### X1229C - Ordering Food in an Italian Restaurant

Eugene Lariviere

You are in Italy and the restaurant menu is only in Italian. The first class we will learn the terms we will need. The rest of the classes we will practice ordering the meal in Italian.

4 Sessions Start Date: 7/2/2024 Meets: Tue 10.15 AM to 11.45 AM on 7/2, 7/9, 7/16, 7/23

# X1256Z-NF - Ambiguity (ZOOM)

Presenter NFLL

Almost all words and sentences are ambiguous. If they are not seen or heard in the larger context, however, the larger context (both linguistic and non-linguistic) resolves almost all of the ambiguities. That is, except when the speaker is intentionally trying to be ambiguous, as with linguists and politicians. Jacob Mey goes on to say that in real life, there is no such thing as ambiguity, excepting in certain, rather special occasions, in which one tries to deceive one's partner, or keep the door open to more than one interpretation. This happens when we are trying to figure out a social situation. It also happens when we are teasing or seducing someone. Here are some examples of syntactic and lexical ambiguity: Flying planes can be dangerous. The missionaries are ready to eat. And here are some riddles based on ambiguity: When is a door not a door any more? When it's ajar. When is a car on the road in front of your house not a car any more? When it turns into your driveway.

1 Session Start Date: 7/3/2024 Meets: Wed 9.00 AM to 10.30 AM

# X1401C - Stem Cell Therapy Overview

Trevor Ferguson

Dr Ferguson's class on Stem Cell Therapy provides an overview on how stem cell therapy is currently helping patients right here in the valley get out of pain and avoid drugs/surgery! Come join us to learn what are stem cells, where do they come from and what conditions may benefit.

1 Session Start Date: 6/25/2024 Meets: Tue 1.00 PM to 2.30 PM

# X1402C - Protecting Your Brain from Alzheimers and Cognitive Decline

James Bogash

While the research is desperately trying to find a "cure" for Alzheimer's, the research continues to pile up that suggests that AD and cognitive decline is a result of our lifestyle choices, nutrient exposure and chemical exposure. Come learn the latest research on how to protect your brain and ensure your brain outlives your body.

This class is offered at a diffferent date/time - X1430C.

1 Session Start Date: 6/5/2024 Meets: Wed 1.00 PM to 2.30 PM

# X1410C - What is Senior Living All About?

Traci Jacobsen

Senior living is a broad concept that encompasses a wide-range of housing, support, and lifestyle options. It can be simply overwhelming if you do not have a basic understanding of the variations. Join us to learn more about options in the area and to gather a better understanding of what a senior living community is all about. Each community is designed with amazing amenities for older adults as well as offer numerous opportunities often not found at home. Do you have a plan in place for your family?

1 Session Start Date: 6/18/2024 Meets: Tue 10.15 AM to 11.45 AM

#### X1427C - The Second Brain: Does Your Gut Microbiome Set Your Mood?

Eugene Lariviere

Study of the human microbiome and its connection to a vast number of conditions and diseases is one of the hottest topics of research in medicine. It sets a whole new meaning to the saying "You are what you eat."

1 Session Start Date: 6/4/2024 Meets: Tue 10.15 AM to 11.45 AM

# X1430C - Protecting Your Brain from Alzheimers and Cognitive Decline

James Bogash

While the research is desperately trying to find a "cure" forAlzheimer's, the research continues to pile up that suggests that AD and cognitive decline is a result of our lifestyle choices, nutrient exposure and chemical exposure. Come learn the latest research on how to protect your brain and ensure your brain outlives your body. This class is offered at a different date/time - X1402C.

1 Session Start Date: 7/3/2024 Meets: Wed 10.15 AM to 11.45 AM

### X1433C - Tortillas & Queso Lecture

Kyle Messner

You've heard of chips and salsa? Well this class is about tortillas & cheese! We will learn how tortillas are made and about different Mexican cheeses. We will practice reading a menu. This class is preparation for a field trip the following week to see tortillas actually being made, taste different cheeses and eat lunch. This can be taken as a stand-alone class or better yet, taken in conjunction with the class Tortillas & Queso Field Trip. No prerequisites. Knowledge of Spanish is not necessary.

1 Session Start Date: 6/24/2024 Meets: Mon 1.00 PM to 2.00 PM

# X1437Z-NA - Should I Age in Place or Look for Other Options? (ZOOM)

Nydia Montijo

Many of us are asking this question of ourselves and wondering how to get started. Whether we plan to stay in our current home, move in with an adult child, move to senior housing, or look for assisted living, the process can be daunting. Attend this session and learn how to assess your needs, plan for those needs, look for options, and "shop" for the right setting. Walk away with a plan on how you are going to proceed.

1 Session Start Date: 6/10/2024 Meets: Mon 10.15 AM to 11.45 AM

# X1442C - Living with Chronic Pain

Billie Jordan

Sessions with the latest information on chronic pain control. The lessons include medical information, psychological implications with chronic pain and pain control methods.

3 Sessions Start Date: 6/11/2024 Meets: Tue 9.00 AM to 10.00 AM on 6/11, 6/13, 6/18

# X1447C - Choose How You Age - Educational Series

Ryan Booher

Loss of independence and strength and function are NOT inevitable with aging... nor are falls and chronic disease! Despite what you may have heard, family history and genetics rarely play a significant role. The truth is you can choose how you age. This class will provide the latest and greatest research-based information that will erode false paradigms that may be holding you back, and empower you to make the most informed choices possible about your health.

2 Sessions Start Date: 6/10/2024 Meets: Mon 1.00 PM to 2.00 PM on 6/10, 6/17

# X1457Z-NF - Paying for Long Term Care (ZOOM)

Presenter NFLL

This is an unbiased review of the primary resources to fund long term care including, but not limited to, Medicare/Medicaid, VA Aid & Attendance, life insurance, traditional LTC insurance, and annuities. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.

1 Session Start Date: 6/4/2024 Meets: Tue 11.00 AM to 12.30 PM

# X1619C - Movie of the Week: The Art of Racing in the Rain

Susan Lockwood Knaus

Based on the best selling novel by Garth Stein, this is a heartwarming tale narrated by a witty and philosophical dog named Enzo (voiced by Kevin Costner). Through his unique insight into the human condition, Enzo helps his owners--racecar driver Denny Swift, (Milo Ventimiglia), his wife Eve (Amanda Seyfried) and daughter Zoe--navigate life with a refreshing perspective on friendship, family and unconditional love. 1 Session Start Date: 6/6/2024 Meets: Thu 1.00 PM to 3.00 PM

### X1620C - Movie of the Week: The Bucket List

Susan Lockwood Knaus

You only live once so why not go out in style? That's what two cancer ward roommates, an irascible billionaire (Jack Nicholson) and a scholarly mechanic (Morgan Freeman), decide when they get the bad news. They compose a bucket list--things to do before you kick the bucket--and head off for the around- the-world adventure of their lives. Sky dive? Check. Power a Shelby Mustang around a racetrack? Check. Discover the joy in their lives before it's too late? Check!

1 Session Start Date: 6/13/2024 Meets: Thu 1.00 PM to 3.00 PM

### X1621C - Movie of the Week: The Pelican Brief

Susan Lockwood Knaus

Julia Roberts and Denzel Washington headline this thriller based on the best selling book by John Grisham. Two Supreme Court justices have been murdered and a lone law student turns her suspicions about the deaths into a speculative brief that sends shock waves into the highest levels of government. She and a determined investigative reporter want to tell the world what they have uncovered--if they live to tell it. 1 Session *Start Date:* 6/20/2024 *Meets:* Thu 1.00 PM to 3.00 PM

### X1622C - Movie of the Week: National Treasure

Susan Lockwood Knaus

Ever since he was a boy, Benjamin Franklin Gates (Nicholas Cage) has been obsessed with finding the legendary Knights Templar Treasure, the greatest fortune known to man. As Gates tries to find and decipher ancient riddles that will lead him to it, he's dogged by a ruthless enemy who wants the riches for himself. Now in a race against time, Gates must steal one of America's most sacred and guarded documents, or let it, and a key clue to the mystery fall into dangerous hands.

1 Session Start Date: 6/27/2024 Meets: Thu 1.00 PM to 3.00 PM

### X1623C - Movie of the Week: IQ

Susan Lockwood Knaus

Walter Matthau gives one of his greatest performances as the famed physicist, Albert Einstein, who must solve a particularly vexing problem--how to lure his spirited niece Catherine (Meg Ryan) away from her stuffy British fiance and into the arms of her perfect love match...a sweet-natured auto mechanic (Tim Robbins). It will take all the professor's smarts to transform the grease monkey into a shining knight. But never underestimate the mind of Uncle Albert--or the power of love.

1 Session Start Date: 7/11/2024 Meets: Thu 1.00 PM to 3.00 PM

# X1624C - Movie of the Week: Shining Through

Susan Lockwood Knaus

In this espionage thriller set against the backdrop of World War II, a secretary from Queens (Melanie Griffith) is transformed into a government spy. After discovering her attorney boss and lover (Michael Douglas) is actually a secret agent, she convinces him to let her go undercover. With the help of a fellow operative, she penetrates the Berlin home of a high-ranking enemy official (Liam Neeson) and tries valiantly to accomplish her mission.

1 Session Start Date: 7/18/2024 Meets: Thu 1.00 PM to 3.00 PM

# X1714C - New Adventures On-going Book Club B

William Haskell

We will be discussing the book Madame Fourcade's Secret War: The Daring Young Woman Who Led France's Largest Spy Network Against Hitler by Lynne Olson. Bill Haskell will be the discussion leader The little-known true story of Marie-Madeleine Fourcade, the woman who headed the largest spy network in occupied France during World War II, from the bestselling author of "Citizens of London" and "Last Hope Island". Since July 2015 the Club has discussed over 64 books primarily non-fiction.

1 Session Start Date: 7/1/2024 Meets: Mon 1.00 PM to 2.30 PM

# X1716C - New Adventures On-going Book Club A

William Haskell

We will be discussing the book "The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together" by Heather McGhee. No discussion leader has volunteered at this time. McGhee, one of today's most insightful and influential thinkers, offers a powerful exploration of inequality and the lesson that generations of Americans have failed to learn: Racism has a cost for everyone—not just for people of color. Since July 2015 the Club has discussed over 64 books primarily non-fiction.

1 Session Start Date: 6/3/2024 Meets: Mon 1.00 PM to 2.30 PM

# X1752Z-NF - Monday Morning Conversation (ZOOM)

Presenter NFLL

Discussion of local, state, national, and international issues, or whatever the group wants to discuss. If you register late, please contact the facilitator.

8 Sessions Start Date: 6/3/2024 Meets: Mon 8.30 AM to 10.00 AM on 6/3, 6/10, 6/17, 6/24, 7/1, 7/8, 7/15, 7/22

# X1832T - Lunch Bunch 4

Virginia Allen

Meet at Chompies, 3481 W Frye Rd., Chandler, AZ. Join other New Adventures members to share a lunch at this New York styled deli. This lunch is scheduled in the Subway room at 11:30 a.m. on June 4, 2024. Also consider joining us by signing up for the Chandler Museum at 10:00 a.m.

----Note: By registering for this event you acknowledge that your contact information will be shared with the event coordinator.

1 Session Start Date: 6/4/2024 Meets: Tue 11.30 AM to 1.00 AM

# X1834T - Tortillas & Queso - Field Trip

Kyle Messner

See tortillas made from start to finish and sample Mexican cheeses at El Rancho IGA in downtown Chandler. The presentation will be in English and translators will be there to help make your visit enjoyable. After a brief tour, we will order lunch cafeteria style and enjoy ourselves. You will be able to shop for specialty groceries or take food to go. You will get more out of the visit if you take the class Tortilla & Queso Lecture beforehand but it is not required. We will meet at the store.---- Note: By registering for this event you acknowledge that your contact information will be shared with the event coordinator.

1 Session Start Date: 6/25/2024 Meets: Tue 10.30 AM to 12.00 PM

#### X1841T - Lunch Bunch 5

Virginia Allen

Please join other members of New Adventures in Learning for lunch at Floridino's Pizza; Pasta, 590 N. Alma School Rd., Chandler, AZ at 11:30 a.m. Floridino's is a popular restaurant. ----Note: By registering for this event you acknowledge that your contact information will be shared with the event coordinator.

1 Session Start Date: 7/2/2024 Meets: Tue 11.30 AM to 1.00 PM

### X1848T - Chandler Museum Tour

Virginia Allen

Join New Adventures members for a visit and guided tour of the Chandler Museum, 300 S. Chandler Village Dr., Chandler, AZ 85226 at 10:00 a.m. on June 4th. Chandler Museum features exhibitions on local history topics and engaging programs for all ages. Free admission. We also encourage you to sign up for the Lunch Bunch after this visit at 11:30 a.m. at Chompies. -----Note: By registering for this event you acknowledge that your contact information will be shared with the event coordinator.

1 Session Start Date: 6/4/2024 Meets: Tue 10.00 AM to 11.20 AM

# X1931C - Retirement Specific Investments and Strategies

Matt Mundy

This class will cover the basics of the various types of investments and strategies used to help Americans reach their ideal retirement. The subject matter and lecture are designed for people with little or no investment background.

3 Sessions Start Date: 7/11/2024 Meets: Thu 3.00 PM to 4.30 PM on 7/11, 7/18, 7/25

# X1939Z-NA - Managing Taxes in Retirement (ZOOM)

Matt Benson

Unlock the secrets to efficient tax management in retirement with our course, Managing Taxes in Retirement. Delve into strategies for minimizing taxes on retirement income, optimizing withdrawals from retirement accounts, and understanding the tax implications of Social Security benefits. Tailored for retirees aiming to maximize their financial resources. Equip yourself with the knowledge to navigate the tax landscape confidently in your golden years.

1 Session Start Date: 7/24/2024 Meets: Wed 10.15 AM to 12.15 PM

# X1943C - Flying Solo--Financially

Marie Burns

Eighty percent of married women experience widowhood. Sixty percent of marriages end in divorce. Whether by choice or otherwise, 90 percent of women will eventually be solely in charge of their finances. Whether you are suddenly single, have been single for awhile, or thinking about when you will likely be single, this discussion is a good double check: Have you thought about and put in place what's necessary to deal with the "What ifs"? What if you are in the hospital, you need care, or what happens after you pass?

1 Session Start Date: 6/24/2024 Meets: Mon 10.15 AM to 11.45 AM

# X1945C - Women, Money and Power: Financial Strategies

Stacey Bendfelt

Compared to women before you, you're more educated, earn significantly higher income, and assume more powerful roles in the workplace. Despite all this tremendous progress, you might still be feeling somewhat financially insecure. Take control of your financial future - Learn why you need a financial strategy - Determine which of the five distinct financial personalities you relate to - Take the first steps to help you become more financially independent by developing your own financial strategy

1 Session Start Date: 7/15/2024 Meets: Mon 10.15 AM to 11.45 AM

# X1946Z-NA - Women, Money and Power: Financial Strategies (ZOOM)

Stacey Bendfelt

Compared to women before you, you're more educated, earn significantly higher income, and assume more powerful roles in the workplace. Despite all this tremendous progress, you might still be feeling somewhat financially insecure. Take control of your financial Compared to women before you, you're more educated, earn significantly higher income, and assume more powerful roles in the workplace. Despite all this tremendous progress, you might still be feeling somewhat financially insecure. Take control of your financial future - Learn why you need a financial strategy - Determine which of the five distinct financial personalities you relate to - Take the first steps to help you become more financially independent by developing your own financial strategy

1 Session Start Date: 7/1/2024 Meets: Mon 10.15 AM to 11.45 AM

# X1958Z-NF - Financial Planning for Volatile Markets (ZOOM)

Presenter NFLL

9/11, 2008, 2020 are all recent financial crisisses that make retirement unpredictable and often difficult to navigate. A sound financial plan allows you to navigate these crisesses without altering your enjoyable retirement plans. Sound financial planning does not require a crystal ball, but it does require an understanding of your own situation while linking your priorities to your investment choices and strategies. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.

1 Session Start Date: 7/9/2024 Meets: Tue 11.00 AM to 12.30 PM

# X1959Z-NF - How Investing Changes in Retirement (ZOOM)

Presenter NFLL

With volatile markets and rising interest rates, financially navigating retirement can be tricky. We will discover what is changing, why it is changing and how to position yourself for success in retirement. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.

1 Session Start Date: 7/18/2024 Meets: Thu 11.00 AM to 12.30 PM

# X2325C - Juneteenth: What Is It and Why Should We All Care?

Eugene Lariviere

Juneteenth is our newest national holiday. It commemorates the end of slavery but to the Black community it represents a lot more. This class will look at the history of slavery in the U.S., the years that followed the official end of slavery, the status of the Black community in our day and why all of us should care about the holiday.

1 Session Start Date: 6/18/2024 Meets: Tue 10.15 AM to 11.45 AM

# X2326C - John Winant, Revered in the UK But Mostly Forgotten in the US

Eugene Lariviere

John Winant, a three time governor of New Hampshire, replaced the disliked Joseph Kennedy as the ambassador to the U.K. in 1941. His outstanding performance was an essential link in forming the bond between the U.K. and the U.S. throughout WWII.

1 Session Start Date: 6/24/2024 Meets: Mon 10.15 AM to 11.45 AM

#### X2328C - The Great Boston Molasses Flood

Eugene Lariviere

In January 1919 a 90 foot tall tank, containing 2.3 million gallons of molasses, burst at midday sending a 20 foot tall wave of molasses at 35 mph. Massive destruction and many deaths and injuries resulted. The subsequent trial was the "case study" that led to safety regulations still seen today.

1 Session Start Date: 7/8/2024 Meets: Mon 10.15 AM to 11.45 AM

### X2336C - The Calendar

Murray Siegel

Why did February get shortchanged? Although "oct" means eight, why is October the tenth month? Learn the reason for 60 seconds, 60 minutes, 24 hours, and 12 months. Who determined BC/AD? Answers to all these questions and more as we discuss the history of our calendar.

1 Session Start Date: 6/26/2024 Meets: Wed 10.15 AM to 11.45 AM

# X2704Z-NA - Masters of the Air - about the Bloody Hundredth in WW II (ZOOM)

James Evans

In 2024 APPLE TV popularized the 100th Bombardment Group (H), a B-17 bomber unit which gained the name "The Bloody Hundredth." We will tell its story and the story of some of the unique characters who were part of it. The unit continues today as an air refueling wing in Europe.

1 Session Start Date: 6/18/2024 Meets: Tue 1.00 PM to 2.30 PM

# X2705Z-NA - AIRBASE ARIZONA, Commemorative Air Force (CAF) in Mesa, AZ (ZOOM)

James Evans

The AIRBASE ARIZONA, part of the Commemorative Air Force (CAF) is located at Falcon Field, near Mesa, Arizona. It is part of the "Warbird Movement" which has operated for many years to celebrate our heritage of freedom through education, flight, exhibition and remembrance. We will survey its history and aircraft.

1 Session Start Date: 7/3/2024 Meets: Wed 1.00 PM to 2.30 PM

# X2706Z-NA - North American B-25 "Mitchell" (ZOOM)

James Evans

The North American Aviation B-25 "Mitchell" was a medium-range bomber of WW II. It is the only aircraft ever named for an individual, Brigadier General William "Billy" Mitchell. About 10,000 of these beautiful aircraft were built and some, including "Maid in the Shade," are still flying today.

1 Session Start Date: 7/10/2024 Meets: Wed 1.00 PM to 2.30 PM

# X2708Z-NA - AVRO Lancaster: The Shining Sword of Bomber Command (RAF) (ZOOM)

James Evans

The AVRO Lancaster was the most produced RAF heavy bomber of WW II. It was described by Bomber Harris, RAF Air Marshal, as the "shining sword of the Bomber Command." Its development was fascinating, its use in combat was sometimes controversial. It was an essential tool in the RAF arsenal in WW II.

1 Session Start Date: 7/17/2024 Meets: Wed 1.00 PM to 2.30 PM

# X2712Z-NA - Boeing KC-135 Stratotanker: Essential aircraft of the USAF (ZOOM)

James Evans

"Nobody kicks a\*\* without tanker gas." The Boeing KC-135 has been an essential part of the USAF Worldwide mission for a half century and is likely to be part of its global reach for many years to come.

1 Session Start Date: 7/24/2024 Meets: Wed 1.00 PM to 2.30 PM

# X2713Z-NA - Airships of the Interwar Period (ZOOM)

James Evans

During the period following WW I, many nations experimented with the concepts of lighter-than-air flight. Some of these were intended for military purposes, including long-range naval patrol and as airborne aircraft carriers. Some were for civilian purposes, such as the German Zeppelins.

1 Session Start Date: 7/23/2024 Meets: Tue 1.00 PM to 2.30 PM

#### X2735C - The B-52

Murray Siegel

The B-52 aircraft is in its eighth decade of performance for the USAF. Learn about its development and how its mission changed over the decades. Hear from a former B-52 crew member who flew bombing missions over South and North Vietnam as well as airborne alert missions over the Arctic ice pack.

1 Session Start Date: 6/12/2024 Meets: Wed 10.15 AM to 11.45 AM

# X2738Z-NA - B-17 "Flying Fortress"- History of "Sentimental Journey" (ZOOM)

James Evans

With the 2024 flying tour season in full swing, we will look at the Boeing B-17 "Flying Fortress" and its development and role in World War II. We will also survey the history of "Sentimental Journey," the B-17G being flown by Airbase Arizona out of Mesa's Falcon Field Airport.

1 Session Start Date: 7/16/2024 Meets: Tue 1.00 PM to 2.30 PM

# X2744Z-NA - BONEYARD: The World's 2nd Largest Airforce Keeps USAF Flying (ZOOM)

James Evans

For more than 20 years, visitors to Tucson AZ could visit "THE BONEYARD", where the world's second largest air force ensured the USAF and other military forces could "keep 'em flying." Those tours are no longer available. See why and what you can no longer hear about due to the changes made by the USAF.

1 Session Start Date: 7/9/2024 Meets: Tue 1.00 PM to 2.30 PM

#### ---- Instructors ----

#### Allen, Virginia

Virginia Allen is a retired university librarian from Texas currently serving as secretary of New Adventures in Learning.

### Bendfelt, Stacey

As a Financial Advisor and Chartered Retirement Planning Counselor, Stacey has a passion for helping women prepare for and enjoy a fulfilling retirement. Stacey has created an engaging process for women to define their unique goals, aspirations and ideal retirement lifestyle.

### Benson, Matt

Matt Benson is a University of Nebraska grad and founder of Sonmore Financial. In 2016 he was awarded The Certified Financial Planner designation and in 2023 Investment News recognized him in their class of 40 under 40. A Top Financial Advisor by expertise.com, Dave Ramsey SmartVestor Pro, his insights are featured in Forbes, CNBC.

### Bertola, Frank

Frank has worked at Intel for over 20 years and is currently part of Information Security. He holds multiple security certifications including the Certified Information Systems Security Professional (CISSP). He is a strong security and privacy advocate, many times to the annoyance of his coworkers and family. He has delivered online safety lessons at his kids' school as well as New Adventures in Learning.

#### Bogash, James

James Bogash, D.C., has training in physiology and functional medicine, which examine how the environment interacts with the body to produce health and disease.

#### Booher, Ryan

Ryan Booher has served as vice president of Vitality SarcoHealth for over a decade. He is a passionate leader, brand ambassador and motivational speaker—wholly devoted to the company's redemptive mission: To redefine aging and what you think you know about aging.

### Burns, Marie

Marie Burns is a Certified Financial Planner who has been assisting people financially for over 20 years. She is an educator at heart and loves to help people learn.

#### Evans, James

Col Jim Evans, CAF Airbase Arizona, is a retired U.S. Air Force Boeing KC-135 pilot with 20 years of experience as a pilot/instructor pilot and Tanker Task Force (TTF) operations officer. Over 4,000 hours flying time from 1969-1989. Life member of the Tempe Historical Society, the Order of Daedalians and the Air Force

Association. Former Museum Director and Docent Program Manager at the Airbase Arizona Museum. Long-time student of airpower and military history.

### Ferguson, Trevor

Dr. Ferguson is the owner/founder of TheStemCellPro.com He has owned multiple medical clinics in the Valley since 2007. He loves to provide his patients with valuable information to help them learn about available health care options that allow patients to avoid medications and unnecessary surgeries utilizing stem cell therapy.

### Haskell, William

Bill Haskell has presented many New Adventures courses on interesting and diverse subjects ranging from science to history, including many in The Great Courses series.

#### Jacobsen, Traci

I am a proud Arizona native. I have always been first and foremost about helping others and was drawn to Senior Living after seeing firsthand what can happen to a family when a loved one reaches the concluding stages of life without proper preparation. After caring for a loved one with Alzheimer's, making tons of mistakes, and burning through 1.2 million dollars in 8 years; I have realized there is a much better way. It is essential to know your options before you need them and plan.

### Jordan, Billie

Billie Jordan is a retired RN and has facilitated classes and discussions on health and wellness issues for most of her career. In her retirement, she continues her quest for healthy living, knowledge and sharing information with others.

#### Krimm, Heather

Detective Krimm is with the Maricopa County Attorney's Office Investigations Bureau. Detective Krimm has worked in law enforcement for almost 17 years and specializes in investigating Animal Cruelty. She worked for the Raleigh Police Department in North Carolina and the Phoenix Police Department. She trains law enforcement officers and prosecutors on animal abuse investigations.

### Lariviere, Eugene

Gene is a retired pediatrician from N.H. He has led many New Adventures Classes, mostly in areas of history.

#### Lockwood Knaus, Susan

This will be presented by one of the New Adventures members of the Governing Council.

#### Messner, Kyle

Kyle Ann Messner, has a PhD in Curriculum Instruction with an emphasis in Bilingual Education and a MEd in Special Education. She has taught at Appalachian State University and Arizona State University for a total of 25 years. Kyle is a linguist who speaks and has taught multiple languages. She has studied in Germany, France and England. She lived in Colombia where she taught using Spanish and English in a private bilingual school. She is currently the president of New Adventures.

#### Montijo, Nydia

Nydia Montijo has been in health and human services for 40+ years, half specifically focused on older adult issues. She is currently the Philanthropy Coordinator for the Foundation for Senior Living (FSL), a non-profit organization dedicated to making Arizona a safe place to age. She has a Master of Public Health with an emphasis in Community Health Practice. Having been a caregiver to her parents, she is excited to share lessons learned, teach self-advocacy, and help you not feel alone.

### Mundy, Matt

After graduating from Northern Illinois University, Matt Mundy was a second-grade teacher. He began his financial advisory career in the late 1990s. Since then, he has built one of the largest specialty firms in Arizona, focusing only on "Retirement Specific Investments & Strategies," unlike most advisors, who hold themselves out as "Full-Service" advisors. With many decades of experience, Matt has been an expert witness to cases involving potential retirement planning missteps.

#### NFLL, Presenter

Collaboration with New Frontiers and New Adventures.

### Nilsen, Don

Don Nilsen is a Professor Emeritus at Arizona State University. In 2000, he along with his wife Allene, published the Encyclopedia of 20th Century American Humor. In 2018 they published both a paperback and hardbound edition of The Language of Humor with Cambridge University Press.

### Siegel, Murray

Murray is a retired mathematics teacher and USAF Vietnam War veteran with a passionate interest in math, data, history and politics. He writes for a number of periodicals including the San Tan Sun News.

#### Truman, Robert

Rob has over 40 years of experience in Information Technology and Internet-related fields. He is a retired U.S. Navy Chief Electronics Technician and has worked as a Technical Support professional for Microsoft. Rob holds a Master of Arts degree in Adult Education (MAEd) and a Bachelor of Science degree in Information Technology (BSIT). He designed and maintains a website/blog called Geezer Tek which focuses on helping the local senior community with their technology needs.

### Whitson, Lily

An Arizona native, Spanish was her first language. She is a storyteller, and uses her whole body to tell a story. Lily has experienced many things in her life (singing in a Doo-wop band, living in Indonesia, performing on stage, nursing, sign language), and has a lot to share. She has an AA in Library Technology.