President’s Message

The summer semester for New Adventures is over. Lifelong learning offered a new program, eight classic films. Because of the success of this addition, we have added seven more films for fall. Now, there is a flurry of activity to prepare for the fall semester. Along with the movies, there will be over 80 other classes and events.

Starting in September, the Curriculum Committee will begin to set up classes for the spring 2020 semester. As you can see there is a continuing effort by many members to provide high quality presentations for you, our members.

Here are some key dates in September:
♦ September 1, annual online renewal of membership begins.
♦ September 18, online registration for fall semester opens.
♦ September 30, fall semester classes starts.

Finally, we would like to thank Chandler-Gilbert Community College for providing New Adventures a comfortable, versatile learning environment.

As always, I look forward to working with my fellow New Adventurers.

Bill Haskell

Registration for fall classes opens Wednesday, September 18, 2019

Members can register online or in person at the Sun Lakes Center. Volunteers will be available in the computer lab at the Sun Lakes Center to help with registrations and members’ annual membership renewals during the following times:
♦ Wednesday, September 18 from 11:00 AM to 4:00 PM.
♦ Thursday, September 19 from 10:00 AM to 2:00 PM.

Staff will be able to help during regular business hours from 8 AM to 5 PM after September 18.
Our memories of lifelong learning

Over the last twenty years members of New Adventures have encountered hundreds of rich and satisfying moments at a wide range of events. Now, as we each look back over our own personal experiences, certain moments or observations may stand out. The idea here is to gather in the next few newsletters some of those moments. We hope to honor fellow members and the events we have participated in, either as presenters or audience.

What thoughts and memories do you have about New Adventures in Learning? Try to be as specific as you can be so that your reader will be able to share that particular time with you. Please send me an email with your memories or observations at Cathammond1@gmail.com. We may edit comments for length. Please include your full name on any submissions.

A memory from Mary Kenny

“New Adventures has been an important part of my routine for more than 10 years and I have taken many classes in a variety of subjects. But there is one class that I refer back to frequently, "Six-Word Biography," presented by Bobbie Reed, who asked participants to summarize different life experiences in six words or less. Certainly a challenging task but one that is a lifelong lesson as it continues to remind me to strive to be precise in writing and speaking.”

“The beautiful thing about learning is nobody can take it away from you.”

—B.B. King

New Adventures’ members test above average

By Bobbie Reed

New Adventures’ members have better balance and fine motor scores than many people of the same age. That was a finding from the Arizona State University research team that studied 115 members during 2017 and 2018.

Many people may remember participating in those studies. Some involved getting up from a chair and walking a fixed distance. Tests like these help researchers understand the risk of falling and recovery from falls, strokes and accidents. In others, participants buttoned buttons and transferred beans to test fine motor skills.

A special session this summer featured the New Adventures’ research as well as other studies done at ASU. Staff and students used an interactive poster session format to share some of their newest findings in areas of fall prevention, stroke recovery, and memory impairment.

A memory from Mary Kenny

“New Adventures has been an important part of my routine for more than 10 years and I have taken many classes in a variety of subjects. But there is one class that I refer back to frequently, "Six-Word Biography," presented by Bobbie Reed, who asked participants to summarize different life experiences in six words or less. Certainly a challenging task but one that is a lifelong lesson as it continues to remind me to strive to be precise in writing and speaking.”

“The beautiful thing about learning is nobody can take it away from you.”

—B.B. King