



Exercise Science Program



CHANDLER-GILBERT
COMMUNITY COLLEGE
A MARICOPA COMMUNITY COLLEGE



27%
increase
in Physical
Therapy
jobs by 2030

\$97k
Median
yearly salary

Source: Bureau of
Labor Statistics

Degree Paths

Our Exercise Science program offers two degree paths and two certificate paths to cater to your career aspirations.

Degree Paths

- AA Emphasis in Exercise Science
- AAS in Exercise Science: Health, Fitness, and Sports Performance

Certificate Paths

- Personal Training
- Advanced Personal Training

The [AA Emphasis in Exercise Science](#) is perfect for individuals who want to specialize in Exercise Science, Kinesiology, Clinical Exercise Physiology, Sport Science, Healthy Lifestyles Coaching, or Fitness and Wellness. Graduates can pursue careers in exercise physiology, physical therapy, occupational therapy, and sports medicine by continuing their education.

On the other hand, the [AAS in Exercise Science: Health, Fitness, and Sports Performance Health](#) is designed to prepare students for a career as a certified personal trainer.

By completing the curriculum, which adheres to the standards of the American College of Sports Medicine (ACSM), National Strength and Conditioning Association (NSCA), National Academy of Sports Medicine (NASM) and the American Council on Exercise (ACE), students are qualified to work in health and fitness clubs, wellness centers, and public and private recreation facilities. Additionally, students following the AAS degree will also receive the CCL's in Personal Training.

If you're looking to become a certified personal trainer, the Certificate of Completion (CCL) in Personal Training is a great place to start. This program is designed to prepare you for industry-recognized certifications from the American College of Sports Medicine (ACSM), National Strength and Conditioning Association (NSCA), National Academy of Sports Medicine (NASM), and the American Council on Exercise (ACE). These certifications are often required for employment in personal training positions and/or professional growth within the fitness industry. The curriculum is designed to provide you with the foundational knowledge and skills needed to design and implement customized fitness programs that cater to your clients' goals and align with current industry standards. If you're looking to further your education in this field, you can also consider pursuing the CCL in Personal Training: Advanced.

Choose the certificate path that aligns with your career goals and take the first step towards a fulfilling career in exercise science.

✓ **60-64 credits**
Associate in Arts (AA),
Emphasis in Exercise Science

✓ **62-74.5 credits**
The Associate in Applied Science (AAS)
in Exercise Science: Health, Fitness,
and Sports Performance

✓ **18-18.5 credits**
Certificate of Completion
(CCL) in Personal Training

✓ **30-30.5 credits**
Certificate of Completion
(CCL) in Personal Training Advanced

Chandler-Gilbert Community College's Health Sciences Field of Interest (FOI) offers comprehensive training in health-related fields such as hospitals, healthcare, and exercise and fitness settings.

The FOI program prepares you for job opportunities while also providing you with the necessary skills to transfer to a four-year program. With this program, you have the flexibility to pursue your desired career path, whether it be nursing, emergency medical technician, physical therapy, or personal training.



HEALTH SCIENCES

\$97

per credit hour
(2023 - 2024 tuition)

***In-State Tuition**

Contact



cgc.edu/degrees-certificates/exercise-science



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