



New Adventures in Learning

Spring 2024 Classes

February 5th to April 18th

Online classes are identified by ZOOM in their title. All other classes are in person at the Sun Lakes Center.

'New Adventures in Learning' and 'New Frontiers in Life-long Learning' are collaborating to share some online classes. The collaborated classes are indicated using a '-NA' or '-NF' extension to the class ID.

-NF - class presented by New Frontiers in Life-long Learning
-NA - class presented by New Adventures in Learning

- S0457C - How a Humble Quilt Transcends Into Artistic Expression**
- S0521C - Adapting to a Warmer World**
- S0529C - Introduction to Deepwater Drilling in the Gulf of Mexico**
- S0534C - Explorers and their machines**
- S0540Z-NA - Adapting to a Warmer World (ZOOM)**
- S0571Z-NF - Geographical Wonders of the World (ZOOM)**
- S0608Z-NA - Internet Search - Tips, Tricks & AI (ZOOM)**
- S0609C - Internet Search - Tips, Tricks & AI**
- S0617Z-NA - AI Artificial Intelligence (ZOOM)**
- S0620C - Using FREE Online Library Resources**
- S0710C - Chair Yoga**
- S0711C - Chair Yoga and More**
- S0904C - Animal Cruelty 101**
- S0959C - Executor Preparedness**
- S0960C - Mythbusters**
- S0961C - Empowering Others to Be Your Healthcare Advocate in a Crisis**
- S1058C - Exploring the Diamonds: Major League Ballparks**
- S1065C - How To Play Hand & Foot**
- S1179Z-NF - Ireland and Northern Ireland: Great Tours (ZOOM)**
- S1212C - I Am From - An Exploration of Identity**
- S1215C - Conversational Spanish 4**
- S1250C - Introduction to the Italian Language**
- S1251C - Sprechen Sie Deutsch**
- S1316C - Meet My Friend from Sierra Leone**
- S1345C - Gong Xi Fa Cai or Gung Hay Fat Choy? Happy New Year!**
- S1366Z-NF - Afghanistan Update In Person & Online (ZOOM)**

S1367Z-NF - Medieval Legacy Part 2 ONLINE (ZOOM)
S1414Z-NA - Longevity: Superagers and Healthy Aging (ZOOM)
S1418C - Learn to Meditate!
S1422C - Staying Well in a Sickcare Society
S1423C - Book Review "Seven Innocents"
S1424C - What is Senior Living All About?
S1425C - The New You
S1438C - The Science of Mindfulness
S1452C - Medical Diagnoses in Works of Art
S1456C - Dr. John Snow and the 1854 London Cholera Outbreak
S1468Z-NF - Normal Aging vs. Not-Normal Aging (ZOOM)
S1469Z-NF - TOOLS FOR LIVING WITH DEMENTIA: Communication, Conversation and Tackling
Everyday Tasks (ZOOM)
S1470Z-NF - The Keys to Moving Forward (ZOOM)
S1726C - New Adventures On-going Book Club A
S1727C - New Adventures On-going Book Club B
S1728C - New Adventures On-going Book Club C
S1743C - Where are we Eating Tonight. Part Two
S1744C - Scams, They're Using Artificial Intelligence
S1862T - Lunch Bunch 1
S1863T - Lunch Bunch 2
S1864T - Lunch Bunch 3
S1906Z-NA - Social Security News and Updates (ZOOM)
S1939C - Making Your Home More Marketable
S1946C - Introduction to Estate Planning
S1973Z-NF - Understanding Annuities (ZOOM)
S1974Z-NF - Tax Efficiency in Retirement (ZOOM)
S1975Z-NF - Using ROTH! Properly
S1976Z-NF - Today's World Of Safe Investing (ZOOM)
S1977Z-NF - Producing Income in Retirement (ZOOM)
S2107C - Doc-U-Cussion - Live to 100: Secrets of the Blue Zones
S2178Z-NF - Banned Books, Burned Books: Forbidden Literary Works (ZOOM)
S2313C - Who/What is the DAR
S2353C - Unsung Women Heroes of WWII -- Belgium
S2354C - Unsung Women Heroes of WWII -- Holland
S2355C - The Great Arizona Orphan Abduction
S2701Z-NA - English Electric Canberra / Martin B-57 (ZOOM)
S2702Z-NA - OPERATION CHASTISE: The "Dam Buster" Raid (ZOOM)
S2736C - Submarine N-1
S2741Z-NA - B-24 Liberators, "Hot Stuff", Lt Gen Andrews (ZOOM)
S2742Z-NA - Victory Loan Flying Circus of 1919. (ZOOM)
S2747Z-NA - Republic F-105 Thunderchief: the iconic fighter bomber (ZOOM)
S2748Z-NA - McDonnell/Douglas F-4 Phantom II: the iconic fighter-bomber (ZOOM)
S2749Z-NA - Boeing KC-135 Stratotanker: Many Roles, Essential Services. (ZOOM)