



New Adventures in Learning

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Summer 2025 Classes June 2 to July 31

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Sun Lakes Center In-Person Classes

X0321C - Who Should Decide What Goes in Our School Textbooks

Eugene Lariviere

We will view a 30-minute film on “The Textbook Wars” from the Teaching Company. We will then hear about the controversy over how WWII history was taught in Germany for 25 years after the war ended. The rest of the session will be a group discussion on who should decide what our children are taught.
1 Session Starts 6/4/2025 Meets Wed at 1:00

X0403C - The Roots of Rock and Roll

Murray Siegel

Listen to the early rock and roll songs and learn about the singers, groups, and deejays of the first 10 years of R and R. How did Alan Freed get started? What does rock and roll mean? How did Myrtle Arinsberg knock Elvis off the #1 spot on the charts in 1956?
1 Session Starts 6/18/2025 Meets Wed at 10:15

X0422C - American Impressionists: An Interpretation of Winter

Eugene Lariviere

Most of us can name the French impressionists but few of us know the American impressionists. You may not recognize the names of the artists, but you will enjoy seeing their wonderful paintings that were done in an American style.
1 Session Starts 6/25/2025 Meets Wed at 1:00

X0640C - Summer Tech-Talk Seminar

Robert Truman

Computer Booters and New Adventures are joining together to sponsor this summer technology seminar event, featuring a presentation by Ed Robson Library staff on their full range of online services, followed by a presentation by Rob Truman on Digital Media Literacy and how to interpret and evaluate online content such as Click Bait, Targeted Advertising and Fake News.

1 Session Starts 6/26/2025 Meets Thu at 3:00

X0902C - Understanding the 1st and 2nd Amendments

Murray Siegel

Many Americans believe they are protected by the 1st and 2nd amendments to the U.S. Constitution, but do not know what these amendments say.

1 Session Starts 6/11/2025 Meets Wed at 10:15

X0904C - Empowering Others to be your Healthcare Advocate in a Crisis

Becky Cholewka

This seminar will empower you to help you decide who will be the strongest agent to make decisions for you in the event of a crisis. You'll learn which healthcare documents are specific to the state of Arizona, and the difference between "springing" and "durable" Powers of Attorney.

1 Session Starts 7/22/2025 Meets Tue at 9:00

X1015C - Card making and paper crafting

Nita Pangan

Enjoy the fun of making your own cards to share with others. You have the opportunity to find or use your creativity while developing friendships and having fun.

2 Sessions Starts 6/12/2025 Meets Thu at 10:15 on 6/12, 7/10

X1026C - Introduction to Contract Bridge

Maria Davis

In this class, you will learn to play Mini-Bridge. You will learn the basics of hand evaluation and taking tricks in trump and no-trump contracts. The fundamentals of scoring will also be covered. We will play several hands of Mini-Bridge to illustrate the technique. You will receive a handout with instructions and score sheets so that you can play the new game that you learned at home. Mini-Bridge plays like Contract Bridge without the need to learn the bidding that goes into an auction.

1 Session Starts 6/5/2025 Meets Thu at 10:15

X1113C - AARP Driver Safety

Jerry Hartley

This 4-hour course stresses thinking about driving while you are driving. Yes, aging makes safe driving more difficult. We discuss using your strengths to limit your weaknesses.

2 Sessions Starts 7/15/2025 Meets Tue at 1:00 on 7/15, 7/22

X1211C - Spanish for Travelers

Kyle Messner

Get ready for your summer travels with this two-part Spanish course. We'll cover practical vocabulary and phrases for travel, hotels, and dining, as well as strategies for overcoming communication barriers. A basic understanding of Spanish is recommended, but beginners are welcome.

2 Sessions Starts 6/3/2025 Meets Tue at 10:15 on 6/3, 6/10

X1414C - Life's 4th Quarter - How to Play Your Best!

Dean Hebert

Kick start your journey to play a fulfilling 4th quarter in the game of life. Learn techniques and strategies to be your own peak performer; how to deal with stress, anxiety, focus, goals, expectations and more.

1 Session Starts 6/4/2025 Meets Wed at 10:15

X1423C - Fight Muscle Loss With Aging

James Bogash

There is NOTHING that will keep you healthy and independent like muscle mass. From balance to immunity to protecting your brain. Come find out how to best maintain or even BUILD muscle mass (and bones! and balance!). Is protein intake enough? What about weights? Any miracle supplements? Find out all the answers.

1 Session Starts 6/11/2025 Meets Wed at 1:00

X1424C - Fight Muscle Loss With Aging

James Bogash

There is NOTHING that will keep you healthy and independent like muscle mass. From balance to immunity to protecting your brain. Come find out how to best maintain or even BUILD muscle mass (and bones! and balance!). Is protein intake enough? What about weights? Any miracle supplements? Find out all the answers.

1 Session Starts 6/26/2025 Meets Thu at 10:15

X1708C - New Adventures On-going Book Club A

William Haskell

Bill Haskell will lead us in discussing “From Here to Eternity: Traveling the World to Find the Good Death” by Caitlin Doughty. Fascinated by our pervasive fear of dead bodies, mortician Catlin embarks on a global expedition to discover how other cultures care for the dead. Since July 2015 the Club has discussed over 70 books primarily non-fiction.

1 Session Starts 6/2/2025 Meets Mon at 12:30

X1709C - New Adventures On-going Book Club B

William Haskell

We will be discussing the fiction novel “The Vanishing Half” by Brit Bennett. The Vignes twin sisters are identical. While growing up together in a small, southern black town and running away at age sixteen they lead separate lives. Many years later, one sister lives with her black daughter and the other passes for white. What will happen to the next generation, when their own daughters’ storylines intersect? Since July 2015 the Club has discussed over 70 books primarily non-fiction.

1 Session Starts 7/7/2025 Meets Mon at 12:30

X1712C - Literature Circle: The Tea Girl of Hummingbird Lane

Kyle Messner

Experience a unique book discussion in our literature circle. We’ll explore Lisa See’s historical fiction novel, “The Tea Girl of Hummingbird Lane” through assigned roles, fostering a deeper understanding. We’ll meet four times. Read pages 1-54 before the first meeting, and bring your teacup!

4 Sessions Starts 6/5/2025 Meets Thu at 1:00 on 6/5, 6/12, 6/18 (Wed), 6/26

X1716C - Scams, Don't be Vulnerable. A Roundtable

Richard Lewin

A Roundtable discussion group that will discuss the latest and most prevalent scams. It will address how to detect scams and how to prevent being a victim. The use of AI as a means to update old scams and make them appear to be new will be addressed.

1 Session Starts 6/9/2025 Meets Mon at 10:15

X1717C - Where Do You Want to Eat Tonight?

Richard Lewin

A Roundtable discussion of restaurants and their pros and cons. The idea of the session is to widen the options of where to eat and what different cuisines are available.

1 Session Starts 6/23/2025 Meets Mon at 10:15

X1901C - Maintaining a Healthy Estate Plan**Becky Cholewka**

The heartbeat of your estate plan is more than putting it together and forgetting about it. You want to be sure that your plan is effective in avoiding the time, expense and emotional cost of probate court. Becky will be covering flat-lining topics including new Arizona residency, life-changing events, Arizona documents created prior to 2009, and do-it-yourself kits.

1 Session Starts 7/8/2025 Meets Tue at 9:00

X2319C - The Tulsa Race Massacre of 1921**Eugene Lariviere**

In June 2021 the country marked the 100th anniversary of the Tulsa Race Massacre. Violet Fletcher, who turned 111 years old in May 2025, gave a moving description of the riot and asked congress to make reparations. The occasion led to Juneteenth being made a federal holiday. Events have been added to the story since 2021. We will view the history and discuss what Americans should do to deal with the unfinished issues of 1921

2 Sessions Starts 6/16/2025 Meets Mon at 1:00 on 6/16, 6/17 (Tue)

X2320C - Women Heroes of WWII; Three women from Poland**Eugene Lariviere**

The first session will be about Irena Sendler who saved 2,500 Jewish children from the Warsaw ghetto. The second session will be about Irena Gut and Stefania Podgorska who each sheltered Jewish families in Poland.

2 Sessions Starts 7/8/2025 Meets Tue at 1:00 on 7/8, 7/10 (Thu)

X2325C - Barbed Wire Baseball**Eugene Lariviere**

Baseball has been played in Japan since the 1870s and was popular with Japanese people in the U.S. In 1942, over 110,000 Japanese were rounded up and placed in internment camps. One of these camps was in Gila River, Arizona. Kenichi Zenimura ("Zemi") who had played semi-pro baseball was in Gila River. He created a baseball "field of dreams" and 32 teams at all levels and both sexes competed. His All-Star team played the AZ high school champs in a dramatic game in 1945. Oh man! What a game!!

1 Session Starts 7/29/2025 Meets Tue at 1:00

New Adventures in Learning Summer 2025 Classes

Off-Site

X1827T - Lunch Bunch June 2025 (Off-site)

Virginia Allen

Join other New Adventures members at The Sicilian Butcher luncheon on June 13, 2025, at 11:30 a.m. We will meet at 3151 W Frye Rd., Chandler, AZ. (Near the Chandler Fashion Center).

Associated Cost: \$15 - \$50

Note: By registering for this event, you acknowledge that your contact information will be shared with the event coordinator.

1 Session Starts 6/13/2025 Meets Fri at 11:30

X1828T - Lunch Bunch July 2025 (Off-site)

Virginia Allen

Join other New Adventures members for lunch on Friday, July 11, 2025, at 11:30 a.m. at the Firebirds Wood Fired Grill, 3435 W Chandler Blvd., Chandler, AZ. (Near Chandler Fashion Center).

Associated Cost: \$12 - \$50

Note: By registering for this event, you acknowledge that your contact information will be shared with the event coordinator.

1 Session Starts 7/11/2025 Meets Fri at 11:30

New Adventures in Learning Summer 2025 Classes

Online

X1431Z-NF - Adult Diagnosis of Autism (ZOOM)

Kate Mohler

Kate Mohler will share the process and trials of an adult getting a diagnosis of Autism and the challenges of making life changes.

1 Session Starts 6/19/2025 Meets Thu at 11:00

X1432Z-NF - Aging Skin Care (ZOOM)

Amand Ganesan

Aging Skin Care

1 Session Starts 6/10/2025 Meets Tue at 2:00

X1730Z-NF - Open to Debate (ZOOM)

Suzanne Brown

Open to Debate is the nation's only nonpartisan, debate-driven media organization dedicated to bringing multiple viewpoints together for a constructive, balanced, respectful exchange of ideas. Open to Debate is a platform for intellectually curious and open-minded people to engage with others holding opposing views on complex issues. Each month we will view a different program and discuss the issues and concepts. To learn more about Open to Debate, check out their website at:

<https://opentodebate.org/about/>. If you see a topic you want us to discuss, let the facilitator know.

2 Sessions Starts 6/12/2025 Meets Thu at 1:00 on 6/12, 7/24

X1739Z-NF - Monday Morning Conversations via WebEx

Allan Zisner

Discussion of local, state, national, and international issues, or whatever the group wants to discuss. If you register late, please contact the facilitator.

8 Sessions Starts 6/2/2025 Meets Mon at 8:30 on 6/2, 6/9, 6/16, 6/23, 6/30, 7/7, 7/14, 7/21

X1905Z-NA - Taxes in Retirement (ZOOM)**Matt Benson**

Master the essentials of retirement taxation in this concise course. Learn how various income sources—Social Security benefits, pensions, traditional and Roth IRAs, 401(k)s, and investment income—are taxed during retirement. Explore strategies such as Roth conversions, tax gain and loss harvesting, and managing required minimum distributions (RMDs) to optimize your tax situation. Gain insights into the U.S. tax system, including tax brackets and deductions, to make informed financial decisions.

1 Session Starts 7/15/2025 Meets Tue at 10:15

X1918Z-NA - Social Security News and Updates (ZOOM)**Jack Burns**

We will discuss the latest changes, news and things that collect Social Security need to know - and answer questions from the group as well.

1 Session Starts 6/9/2025 Meets Mon at 3:00

X1933Z-NF - The Art of Income Production in Retirement (ZOOM)**Scott Sandell**

From dividend portfolios to annuities this class will dissect what it takes to create sustainable income and review all investments and techniques commonly used. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.

1 Session Starts 6/5/2025 Meets Thu at 10:00

X1934Z-NF - The Art of Income Production in Retirement (ZOOM)**Scott Sandell**

From dividend portfolios to annuities this class will dissect what it takes to create sustainable income and review all investments and techniques commonly used. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.

1 Session Starts 6/18/2025 Meets Wed at 4:00

X1935Z-NF - Q&A The Art of Income Production in Retirement (ZOOM)**Scott Sandell**

An Open session to allow more time to answer your questions on the topic.

1 Session Starts 6/30/2025 Meets Mon at 4:00

X1936Z-NF - Preparing for Long-Term Care Costs (ZOOM)

Scott Sandell

This is an unbiased review of the primary resources to fund long term care including, but not limited to, Medicare/Medicaid, VA Aid, Attendance, life insurance, traditional LTC insurance, and annuities. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.

1 Session Starts 7/3/2025 Meets Thu at 10:00

X1937Z-NF - Preparing for Long-Term Care Costs (ZOOM)

Scott Sandell

This is an unbiased review of the primary resources to fund long term care including, but not limited to, Medicare/Medicaid, VA Aid, Attendance, life insurance, traditional LTC insurance, and annuities. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.

1 Session Starts 7/16/2025 Meets Wed at 4:00

X1938Z-NF - Q&A Preparing for Long-Term Care Costs (ZOOM)

Scott Sandell

An Open session to allow more time to answer your questions on the topic.

1 Session Starts 7/28/2025 Meets Mon at 4:00

X2329Z-NF - History of India (ZOOM)

Suzanne Brown

Over the past 5,000 years, the cultures and people of the Indian subcontinent have developed in fascinating and complex ways. Today, India, Pakistan, and Bangladesh comprise one of the most dynamic and increasingly significant parts of humanity. South Asians currently total 20 percent of the world's population. Join us for lectures 24-36 in this Great Course.

6 Sessions Starts 6/16/2025 Meets Mon at 3:30 on 6/16, 6/23, 6/30, 7/7, 7/14, 7/21

X2706Z-NA - B-17 Flying Fortress: Sentimental Journey (ZOOM)

James Evans

While the famous B-17 of the Commemorative Air Force is on her summer tour of the Western USA, we will survey the history of this iconic aircraft in WW II and the years following. You cannot visit this beautiful aircraft during the Summer, but we will give you an opportunity to see her, nonetheless.

1 Session Starts 6/3/2025 Meets Tue at 1:00

X2707Z-NA - North American B-25 "Mitchell" and "Made in the Shade" (ZOOM)

James Evans

While the Commemorative Air Force aircraft are on their summer tour of the Western USA for 2025 and you cannot see this beautiful aircraft at Falcon Field, we will talk about the history of the B-25 in WW II and later with the CAF at Airbase Arizona.

1 Session Starts 6/24/2025 Meets Tue at 1:00

New Adventures in Learning Summer 2025 Instructors

Allen, Virginia

Virginia Allen has served on the New Adventures in Learning Council since 2020 as secretary and now as president-elect. She has a background in higher education with over thirty years as a university librarian.

Benson, Matt

Matt Benson is a University of Nebraska grad and founder of Sonmore Financial. In 2016 he was awarded The Certified Financial Planner designation and in 2023 Investment News recognized him in their class of 40 under 40. A Top Financial Advisor by expertise.com, Dave Ramsey SmartVestor Pro, his insights are featured in Forbes, CNBC.

Bogash, James

James Bogash, D.C., has training in physiology and functional medicine, which examine how the environment interacts with the body to produce health and disease.

Brown, Suzanne

Suzanne Brown is a frequent Zoom facilitator and presenter with NFLL. Her experience presenting online and teaching others about online learning covers two decades.

Burns, Jack

Jack Burns is the Public Affairs contact for the Social Security Administration in Arizona. Jack has worked for Social Security for 22 years.

Cholewka, Becky

Becky Cholewka is the founding attorney of Cholewka Law- an estate planning, probate, and trust administration law firm in Gilbert. She is passionate about community education and being an advocate and a voice for clients and their families.

Davis, Maria

Maria lives in Sun Lakes year-round with her husband. Maria is a Silver Life Master and has been directing a weekly Novice Bridge game at the Sun Lakes Duplicate Bridge club for the past 8 years. Maria has also taught Beginning and Intermediate Bridge classes since 2016. In 2019, Maria was awarded the Annual Volunteer Award for service to the SLDBC. Maria has been doing public speaking since 1980 on a variety of topics including Biology, Chemistry, Project Management, and Intellectual Property Law.

Evans, James

Col Jim Evans, CAF Airbase Arizona, is a retired U.S. Air Force Boeing KC-135 pilot with 20 years of experience as a pilot/instructor pilot and Tanker Task Force (TTF) operations officer. Over 4,000 hours flying time from 1969-1989. Life member of the Tempe Historical Society, the Order of Daedalians and the Air Force Association. Former Museum Director and Docent Program Manager at the Airbase Arizona Museum. Long-time student of airpower and military history.

Hartley, Jerry

Jerry has been a volunteer with AARP Driver Safety for near 40 years. Retired USAF in 1986.

Haskell, William

Bill Haskell has presented many New Adventures courses on interesting and diverse subjects ranging from science to history, including many in The Great Courses series.

Hebert, Dean

Dean is 69 years young and is an applied sports psychology coaching professional. He works with teams, athletes, parents and coaches teaching the mental game of peak performance in sports and life. Dean has authored several books and hundreds of articles. Dean offers an eclectic and holistic approach to performance in life.

Lariviere, Eugene

Gene is a retired pediatrician from NH. He has led many New Adventures Classes, mostly in areas of history.

Lewin, Richard

Richard is the Activity Director for the Cheers Singles group in Sun Lakes where he is active in travel and dining out. His business background includes over 35 years in the security industry where he owned a commercial company. He conducted numerous training sessions on shoplifting and scams. His previous Roundtable discussions at NAIL have been well attended.

Messner, Kyle

Kyle Ann Messner has a PhD in Curriculum Instruction with an emphasis in Bilingual Education and a MEd in Special Education. She has taught at Appalachian State University and Arizona State University for a total of 25 years. Kyle is a linguist who speaks and has taught multiple languages. She has studied in Germany, France and England. She lived in Colombia where she taught using Spanish and English in a private bilingual school. She is currently the president of New Adventures.

Pangan, Nita

I have enjoyed eight years of Card Making as a Stampin Up demonstrator. I also enjoy kids' classes and introducing new people to the fun of being creative. I offer classes every month and participate in community service. We often make cards for veterans, foster kids and nursing homes. I am a part of the Sun Lakes community and have been for nearly 10 years. I look forward to sharing my experiences in a classroom environment here.

Sandell, Scott

Scott Sandell, MBA, is president of the Phoenix Chapter of the Foundation for Personal Financial Education, a 20-year-old nationwide nonprofit speakers' bureau dedicated to providing financial education without bias or the burden of sales.

Siegel, Murray

Murray is a retired mathematics teacher and USAF Vietnam War veteran with a passionate interest in math, data, history and politics. He writes for many periodicals including the San Tan Sun News.

Truman, Robert

Rob has over 40 years of experience in Information Technology and Internet-related fields. He is a retired U.S. Navy Chief Electronics Technician and has worked as a Technical Support professional for Microsoft. Rob holds a Master of Arts degree in Adult Education (MAEd) and a Bachelor of Science degree in Information Technology (BSIT). He designed and maintains a website/blog called Geezer Tek which focuses on helping the local senior community with their technology needs.