



# New Adventures in Learning

## Fall 2023 Classes

### October 2 to December 14

Online classes are identified by ZOOM in their title. All other classes are in person at the Sun Lakes Center. If you have questions about New Adventures - membership, classes, or the registration process - please call the Sun Lakes Center (480) 857-5500.

- F0301C - The Real History of Dracula**
- F0302C - Using FREE Online Library Resources for Education and Recreation**
- F0303Z-NF - The Nature and Functions of Parody (ZOOM)**
- F0401C - Not Your Grandmother's Quilt**
- F0502C - Deep Submergence Rescue Vehicles**
- F0503C - Radiation Safety For the Non-Physicist and Public**
- F0504C - A Planisphere to Locate Stars and Constellations in the Nighttime Sky**
- F0505C - Greek Myths in the Constellations**
- F0506C - Does Arizona Have Enough Water?**
- F0507C - Residential Water Treatment Info You Thought You Knew**
- F0508Z-NF - Greatest Geological Wonders of the World (ZOOM)**
- F0601C - Trending Scams**
- F0602C - AI Artificial Intelligence**
- F0603Z-NA - AI Artificial Intelligence (ZOOM)**
- F0604C - Doc-u-cussion: Killer Robots**
- F0605C - Basic Computers Workshop**
- F0606C - Basic Smartphones Workshop**
- F0607Z-NA - Waymo 101 - Your Guide to Autonomous Vehicles (ZOOM)**
- F0901C - Animal Abuse Investigations**
- F1001C - Quilting For Beginners**
- F1101C - Hawaii: The Gem of the Pacific**
- F1102Z-NF - Cuba Revealed: Our Trip to Cuba in 2016 (ZOOM)**
- F1201Z-NA - Accidental Humor (ZOOM)**
- F1202C - The Death & Future of Newspapers**
- F1203C - Sprechen Sie Deutsch?**
- F1204C - Introduction to the Italian language**
- F1205C - Conversational Spanish - Term III**
- F1301C - Celebrating the Moon Festival with Friends From Macau & China**
- F1303C - Election Results: It's All in the Math**
- F1401C - Stopping Stroke, Heart Attacks, and High Blood Pressure**
- F1402C - Stopping Stroke, Heart Attacks, and High Blood Pressure**
- F1403C - Vascular Disease -What Is It, Do I Have It, What Can I Do About It?**
- F1404C - The London Cholera Epidemic of 1854 and the Birth of Modern Epidemiology**

**F1405C - The Second Brain: Do the "Germs" in Your Gut Really Run Your Life?**  
**F1406C - Choose How You Age**  
**F1407Z - Longevity: Super-Agers and Ageism**  
**F1408C - The New You - A Class for Women 60 and Over**  
**F1409C - Doc-u-cussion: The Cannabis Question**  
**F1410C - Oh My Aching - Everything!!!**  
**F1411C - Suggestion for Fall Prevention/Avoiding Most Common Medical 911 Emergencies.**  
**F1412C - Just B-R-E-A-T-H-E**  
**F1413C - Meditation in Today's World**  
**F1414Z-NA - The Power of Advocacy (ZOOM)**  
**F1415C - The Power of Advocacy**  
**F1416C - Life Lessons 101**  
**F1417C - Movement Matters...TaiChiEZ**  
**F1418C - Normal Aging vs. Not-Normal Aging**  
**F1419Z-NA - Normal Aging vs. Not-Normal Aging (ZOOM)**  
**F1420C - Dementia - "Now What?"**  
**F1421Z-NA - Dementia - "Now What?" (ZOOM)**  
**F1422C - The Keys to Moving Forward**  
**F1424Z-NF - China: Cantonese Cuisine (ZOOM)**  
**F1425Z-NF - Eye Health for Seniors (ZOOM)**  
**F1426Z-NF - Masa - A Food Staple (ZOOM)**  
**F1427Z-NF - China: Cantonese Dim Sum (ZOOM)**  
**F1501C - Buddhism For Beginners 2023 Audiobook**  
**F1502Z-NA - Buddhism For Beginners 2023 Audiobook (ZOOM)**  
**F1701Z - New Adventures On-going Book Club A (ZOOM)**  
**F1702C - New Adventure On-Going Book Club D**  
**F1703Z - New Adventures On-going Book Club B (ZOOM)**  
**F1704C - New Adventures On-going Book Club E**  
**F1705Z - New Adventure On-Going Book Club C (ZOOM)**  
**F1706C - New Adventure On-Going Book Club F**  
**F1708C - Scams and Your Security**  
**F1709C - Where Are We Eating Tonight?**  
**F1710C - Psychology of Relationships: So, You Had Coffee. What's Next?**  
**F1711Z-NA - Potholes and Perspective (ZOOM)**  
**F1712C - Potholes and Perspective**  
**F1801C - New Adventures Lunch Bunch**  
**F1802C - New Adventures Lunch Bunch**  
**F1803C - Introduction to Bocce**  
**F1804C - Tour of the Chandler Museum**  
**F1901C - Finding Unbiased Financial Advice**  
**F1902C - Understanding Required Minimum Distributions**  
**F1903C - Financial Planning for Volatile Markets**  
**F1904C - Remodeling to Maximize Your Home Investment**  
**F1905C - Introduction to Estate Planning**  
**F1906C - The Money Game of 20 Questions**  
**F1907C - How to Maintain a Healthy Estate Plan**  
**F1908C - How to Avoid Probate in AZ**  
**F1909Z - Fact and Fiction of a Reverse Mortgage (ZOOM)**  
**F1910C - Facts and Fiction of a Reverse Mortgage**  
**F1911Z - Reverse Mortgage: A Deeper Dive (ZOOM)**  
**F1913Z-NF - Finding Unbiased Financial Advice (ZOOM)**

F1914Z-NF - Understanding Required Minimum Distributions (ZOOM)  
F1915Z-NF - Financial Planning for Volatile Markets (ZOOM)  
F2301C - Ships and Planes  
F2302C - Titanic  
F2303C - Panama Canal  
F2304C - Moments in Time  
F2305C - Columbus: The Man Who Didn't Discover America.  
F2306C - What is Juneteenth and Why Should We Care About It?  
F2307Z-NF - Arizona Museum Appreciation (ZOOM)  
F2308Z-NF - The Medieval Legacy - Part 1 (ZOOM)  
F2309C - 20 Worst People of the Twentieth Century  
F2701C - Pearl Harbor  
F2702C - B-25 "Mitchell" Bomber: An Iconic WWII bomber  
F2703C - Douglas DC-3 / C-47: WWII Workhorse  
F2704C - B-29s NOT named "Enola Gay"  
F2705Z - World War II: Battlefield Europe, Part 4 (ZOOM)  
F2706Z-NA - Boneyard: Why It Works and How It Works (ZOOM)  
F3001Z - Museum Appreciation in Arizona  
F3002C - What is Senior Living all About?

## **Registration Opens SEPT. 20, 2023**

**For full details of the class offerings go to the web site [www.newadventures.info](http://www.newadventures.info) and click on the Classes tab/link and the Teal button labeled 'Register/Classes'. Under Select Semester choose Fall Semester 2023 and click Search.**

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