New Adventures in Learning
Summer 2022 Classes
June 1 to July 28

Tuesday, Wednesday, and Thursday classes are IN-PERSON
Monday and Friday classes are by ZOOM
(ZOOM classes are identified in the title)
Presenter information is on pages 7-8

X1000 World War II Battlefield Europe: A Primer (ZOOM)
William Haskell
This is a series of 24 Lectures from The Great Courses curriculum. The presenter is Professor David R. Stone with the US Naval War College. This class will listen and discuss the first four lectures to determine if there is strong interest in pursuing the remaining lectures in subsequent semesters.
2 Sessions  Start Date:  7/18/2022  Meets: Mon, Fri  1.00 PM to 2.30 PM on 7/18, 7/22

X1001 What is Juneteenth and Why WE Should Care
Eugene Lariviere
We may think that there was the Emancipation Proclamation, Lee surrendered, the Confederacy fell and slavery immediately ended. The story is much more complicated and understanding Juneteenth should help us appreciate how slowly slavery died and its connection to continuing racism in our country.
1 Session  Start Date:  6/15/2022  Meets: Wed  10.00 AM to 11.30 AM

X1002 What is Juneteenth and Why WE Should Care (ZOOM)
Eugene Lariviere
We may think that there was the Emancipation Proclamation, Lee surrendered, the Confederacy fell and slavery immediately ended. The story is much more complicated and understanding Juneteenth should help us appreciate how slowly slavery died and its connection to continuing racism in our country.
1 Session  Start Date:  6/17/2022  Meets: Fri  1.00 PM to 2.30 PM
X1003 Situational Awareness
Joan Campbell
Join us for a review of best safety practices, being aware of our surroundings and having a plan in place in the event an emergency does occur. This presentation provides simple and common sense suggestions on personal safety and being prepared for unforeseen circumstances.
1 Session  Start Date:  7/6/2022  Meets: Wed  10.00 AM to 11.30 AM

X1004 Fraud Prevention and Awareness - Trending and Future Scams
Joan Campbell
We are all aware of the scam phone calls and emails, but we need to be aware of trending and future fraud techniques. This class will review current and repetitive fraud practices and also discuss what we are predicting in the next year. If you have copies of fraudulent emails or letters or just have a situation to share, bring them with you and we can learn from one another! We hope you can join us to hear about trending scams and share your stories!
1 Session  Start Date:  7/14/2022  Meets: Thu  10.00 AM to 11.30 AM

X1005 Travel Safety
Joan Campbell
2022 may be the year we travel again or start making our plans! This presentation will review safety tips and suggestions for securing your home and property prior to leaving, measures to be taken while enroute and ways to reduce risks while sightseeing at your destination.
1 Session  Start Date:  7/20/2022  Meets: Wed  10.00 AM to 11.00 AM

X2000 Parli Italiano?
Eugene Lariviere
This is a class studying the Italian language, history and culture based on the essays in the book Read and Think Italian. Some knowledge of Italian is best but not essential. If you wonder if you can handle this, you can email questions to Gino: eugenelariviere39@gmail.com
9 Sessions  Start Date:  6/2/2022  Meets: Thu  3.00 PM to 4.30 PM on 6/2, 6/9, 6/16, 6/23, 6/30, 7/7, 7/14, 7/21, 7/28

X3000 Field Trip to the Basha Art Gallery
Michael Buscaglia
The Basha Art Gallery contains an Outstanding Exhibit of Southwestern Art and Artifacts. One of the largest, privately owned collections of Contemporary Western American and American Indian Art in the World.
1 Session  Start Date:  6/22/2022  Meets: Wed  10.00 AM to 11.30 AM
X3001 Humor in Classical Music (ZOOM)
*Alleen Nilsen -- Don Nilsen*
We will discuss the musical humor of many major composers including Bach, Beethoven, Gilbert and Sullivan, Haydn, Mozart, Simon and Garfunkel, Wagner and Vivaldi. We will also discuss the humor of a number of Broadway musicals.
1 Session  Start Date:  6/20/2022  Meets: Mon  1.00 PM to 2.30 PM

X3002 Doctors Look at Works of Art
*Eugene Lariviere*
A physician looked at the Mona Lisa and saw things that convinced him she had a serious disease that probably killed her at a young age. Another doctor looked at a painting of Michelangelo by Raphael that revealed a diagnosis of a painful chronic disability. Well explore these and some other discoveries by doctors looking at art.
1 Session  Start Date:  6/21/2022  Meets: Tue  1.00 PM to 2.30 PM

X5000 Computer Buying Guide (ZOOM)
*Robert Truman*
Your current computer wont upgrade to Windows 11, looking to get a new MAC or Chromebook? If you are getting ready to invest in some new technology and you feel totally confused about all of the terminology and specifications. This class is for you. Rob will provide some basics when it comes to picking your next machine. This class will help you pick the right computer for your needs, so you are not disappointed with your next purchase.
1 Session  Start Date:  6/13/2022  Meets: Mon  10.00 AM to 11.30 AM

X5001 Internet Security for Seniors (ZOOM)
*Robert Truman*
Staying safe when online is getting more difficult these days. This presentation will address the topics of online scams, viruses, junk email, telemarketers, and more so that you can learn how to protect yourself and your privacy and still use the Internet.
1 Session  Start Date:  7/25/2022  Meets: Mon  10.00 AM to 11.30 AM

X5002 Autonomous Driving 101 (ZOOM)
*Whitney Steele*
Learn about Waymo - the worlds first autonomous ride-hailing service. What is autonomous driving? Who is Waymo? Why is this technology important? How can I utilize this service? Learn it all in this Autonomous Driving 101 class!
1 Session  Start Date:  7/22/2022  Meets: Fri  10.00 AM to 11.30 AM
X6000 Pandemic Immunity
James Bogash
Building and maintaining a strong immune system is the most important thing you can do. Find out how vitamins, diet, exercise, your own microbiome and environmental chemicals all play a role in how well your body fights off bacteria, viruses and yeast.
1 Session  Start Date:  6/1/2022  Meets: Wed  1.00 PM to 2.30 PM

X7000 The Basics of Estate Planning (ZOOM)
Richard Agins
This class will describe and explain living trusts, wills, financial powers of attorney, health care powers of attorney, advance directives, HIPAA release authorizations and do not resuscitate orders.
2 Sessions  Start Date:  6/3/2022  Meets: Fri  1.00 PM to 2.00 PM on  6/3, 6/10

X7001 Paying for Long Term Care (ZOOM)
Scott Sandell
This is an unbiased review of the primary resources to fund long term care including, but not limited to, Medicare/Medicaid, VA Aid; Attendance, life insurance, traditional LTC insurance, and annuities. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.
1 Session  Start Date:  6/6/2022  Meets: Mon  10.00 AM to 12.00 PM

X7002 Understanding Reverse Mortgages (ZOOM)
Scott Sandell
Uncover the mystery behind the commonly misunderstood benefit. We will discover what is in it for you, the lender, and our government while exploring the various uses for it. Brought to you by a non-profit organization dedicated to providing communities with a consistent resource through unbiased classes that are free of sales.
1 Session  Start Date:  7/11/2022  Meets: Mon  10.00 AM to 12.00 PM

X7003 Women In Charge of their Wealth
Allie Stea
The fact is, if you're a female, you will most likely be the sole decision maker for your finances at some point in your life, if you're not already. This is a fundamental financial literacy class specifically tailored towards women. I will be going over the basics of managing your finances, the specific factors as it relates to women, and an overview of considerations for widows.
1 Session  Start Date:  6/8/2022  Meets: Wed  10.00 AM to 11.00 AM
X8400 Avoid Fraud, Scams and Abuse; Let’s Avoid Those Together (ZOOM)
Nydia Montijo
This workshop will provide information and resources to spot and avoid fraud. Attendees will be introduced to common scams, understand the strategy and tactics used by con artists, will be trained on spotting fraud, be taught prevention strategies to avoid being a victim, and learn to access resources to help protect yourselves.
1 Session  Start Date:  6/24/2022  Meets: Fri  1.00 PM to 2.30 PM

X8401 Gravity…Don’t Let It Win (ZOOM)
Nydia Montijo
How to prevent falls and common, related injuries. This thorough workshop teases out all of the shocking, little-known causes of falls and injury IN YOUR OWN HOME AND VEHICLE! We will show you how health and self-care relate to preventing falls and bring safety concepts to life by virtually going room-by-room throughout a typical residence, identifying risk factors, and easy, practical fixes to making your home the safest it can be. We’ll show you some life-saving safety tools and connect you to resources.
1 Session  Start Date:  7/1/2022  Meets: Fri  1.00 PM to 2.30 PM

X8402 Are You Dementia-Friendly? (ZOOM)
Nydia Montijo
The Dementia-Friendly America National Network will ensure that you are! Is dementia a normal part of aging? Is it more than just a memory problem? Our workshop will include what dementia actually is, what the warning signs are, and how to create an environment that is friendly to those who have been diagnosed. If you want to be someone who can respond with respect and act in a way that is safe for both you and them, then this presentation is a must.
1 Session  Start Date:  7/8/2022  Meets: Fri  1.00 PM to 2.30 PM

X8403 Should I Age in Place or Look for Other Option? (ZOOM)
Nydia Montijo
Many of us are asking this question of ourselves and wondering how to get started. Whether we plan to stay in our current home, move in with an adult child, move to senior housing or look for Assisted Living, the process can be daunting. Attend this session and learn how to assess your needs, plan for those needs, look for options and “shop” for the right setting. Walk away with a plan on how you are going to proceed.
1 Session  Start Date:  7/15/2022  Meets: Fri  1.00 PM to 2.30 PM
X8404 3 part Dementia Series  
*Elaine Poker-Yount*  
Dementia Series 1, 2, 3  
1. How to Become a Dementia Friend: Learn what dementia is, what it’s like to live with the disease, the most common types of dementia and tips for communicating with people who have dementia.  
2. Memory Loss 101: Is this Normal Aging? Don’t miss this opportunity to find out what’s normal and what isn’t when it comes to memory loss. Whether you may be noticing a change or shift in memory with yourself, a friend or loved one, or just want to get some facts - Please join us to get some answers.  
3. My spouse/friend has Dementia (Alzheimer’s). I feel awkward and just don’t know what to do sometimes. People living with dementia (PLWD) struggle with the loss of their social circle. Friends and family don’t know what to do or how to do it so they slowly back away, not by choice, but by fear of saying or doing the wrong things. Join us to learn ideas and better understanding of what you can do to help…. if you’re the friend or the family. Elaine will provide answers.  
3 Sessions  Start Date: 6/7/2022  Meets: Tue 10.00 AM to 11.30 AM on 6/7, 6/14, 6/21

X8600 Roundtable: On-going NA Book Club A (ZOOM)  
*William Haskell*  
We will be discussing Word By Word: The Secret Life of Dictionaries by Kory Stamper. Gene Lariviere will be the discussion leader. The author presents an insiders tour of the inner circles of the mysterious fortress that is Merriam-Webster. Since July 2015 the Club has discussed over 48 books  
1 Session  Start Date: 6/6/2022  Meets: Mon 1.00 PM to 2.30 PM

X8601 Roundtable: On-going NA Book Club B (ZOOM)  
*William Haskell*  
We will be discussing a novel Perestroika in Paris by Jane Smiley. Bill Haskell will be the discussion leader. Paras, short for Perestroika, is a spirited racehorse who runs away from her racetrack stall and wanders all over the City of Lights. She meets many different animals and humans in her wanderings. Since July 2015 the Club has discussed over 48 books.  
1 Session  Start Date: 7/11/2022  Meets: Mon 1.00 PM to 2.30 PM

X9500 Film & Discussion - Digital Disconnect  
*Robert Truman*  
In this era of Facebook privacy breaches, fake news and filter bubbles, the essential film DIGITAL DISCONNECT trains its sights on the relationship between the internet and democracy. Tracing the internets history as a publicly funded government project in the 1960s to its full-scale commercialization today, the film traces how the revolutionary, democratizing potential of the internet has been radically compromised by the growing and unaccountable power of a handful of telecom and tech monopolies.  
1 Session  Start Date: 6/7/2022  Meets: Tue 1.00 PM to 2.30 PM
X9501 Film & Discussion - Bitcoin: The End of Money As We Know It

Robert Truman
Bitcoin: The End Of Money As We Know It traces the history of money from the bartering societies of the ancient world to the trading floors of Wall St. This film explains how most money we use today is created out of thin air by banks when they create debt. Is Bitcoin an alternative to national currencies backed by debt? Will Bitcoin and cryptocurrency spark a revolution in how we use money peer to peer? Is it a gift to criminals? Or is it the next bubble waiting to burst?

1 Session  Start Date:  7/26/2022  Meets: Tue  10.00 AM to 11.30 AM

Presenter information

Agins, Richard
Former CPA, management consultant and business lawyer practicing estate planning and business law for 18 year; I help individuals, families and business owners protect and pass along what matters to them most by securing their legacies and ensuring their long-term health care.

Bogash, James
James Bogash, D.C., has training in physiology and functional medicine, which examine how the environment interacts with the body to produce health and disease.

Buscaglia, Michael
Michael Buscaglia taught the International Baccalaureate and advanced placement French program at Chandler High School along with serving as a baseball and soccer coach. He received his B.A and M.A. from Binghamton University in New York.

Campbell, Joan
Joan Campbell is a Community Affairs Coordinator with the Maricopa County Attorney’s Office. Being aware of trending scams, safety when traveling, residential security and internet safety will give you the tools you need to reduce your chances of being a victim of crime. Joan has been with the County Attorney’s Office for seven years; she previously worked for the Arizona Department of Education and City of Glendale.

Haskell, William
Bill Haskell has presented many New Adventures courses on interesting and diverse subjects ranging from science to history, including many in The Great Courses series.

Lariviere, Eugene
Gene is a retired pediatrician from N.H. He has led many New Adventures Classes, mostly in areas of history.
Montijo, Nydia
Nydia Montijo is the Community Outreach Coordinator for the Foundation for Senior Living, a non-profit health and human service organization dedicated to helping people of all ages maintain independence. She brings this presentation from AARP to you out of her interest in assisting with issues affecting healthy aging.

Nilsen, Alleen

Nilsen, Don

Poker-Yount, Elaine
Elaine Poker-Yount, CDP, is Director of Care Management for Visiting Angels East Valley, Founder of Successful Aging AZ, offering several annual conferences on aging, and Chairs the local, weekly Memory Cafe. A specialist on aging and dementia, Elaine empowers families and caregivers to proactively navigate changes in health and independence and teaches practical dementia skills.

Sandell, Scott
Scott Sandell, MBA, is president of the Phoenix Chapter of the Foundation for Personal Financial Education, a 20-year-old nationwide nonprofit speakers’ bureau dedicated to providing financial education without bias or the burden of sales.

Stea, Allie
Allie Stea, AAMS, is most passionate about serving single women with comprehensive financial planning services and helping increase financial literacy for all women. She acquired her Series 7, Series 63, Series 65, and insurance licenses in 2019 and ever since has devoted her career to ensuring that the overall wellness of womens financial health isn't overlooked. As an advocate for all facets of health and wellness, Allie coaches group fitness classes and serves as a member of the Pace Team for the nonprofit Girls On The Run.

Steele, Whitney
Whitney Steele is a Public Affairs Specialist with Waymo - the worlds first autonomous ride-hailing service.

Truman, Robert
Robert Truman is a retired U.S. Navy Chief Electronics Technician who holds a B.S. degree in information technology and an M.A. degree in adult education. He has 30 plus years of experience in computer software and hardware support along with extensive experience with web design and cord-cutting techniques.